

The ocean covers 75% of the Earth's surface. As a major component of the Earth, the ocean is not only a habitat for biodiversity, but also a key factor in maintaining the global ecological balance.

Biodiversity and Environmental Protection



The ocean is the largest habitat in the world. It helps regulate the global climate, and protecting the ocean also means protecting the environment.

Sustainable Consumption and Production



Promote sustainable policies to reduce pollution and lessen the burden on the oceans, while establishing responsible consumption patterns.

Inclusive Growth and Decent Work



Promote a sustainable ocean economy and blue growth, while protecting fishery workers by providing productive and decent job opportunities.

United Nations SDG 14: Life Below Water – Targets



14.1
Reduce marine pollution
By 2025, prevent and significantly reduce marine pollution of all kinds, in particular from land-based activities, including marine debris and nutrient pollution.



14.2
Protect and restore ecosystems
By 2020, sustainably manage and protect marine and coastal ecosystems to avoid significant adverse impacts, including by strengthening their resilience, and take action for their restoration in order to achieve healthy and productive oceans.



14.4 & 14.6
Sustainable Fisheries Development
End overfishing, illegal, unreported and unregulated (IUU) fishing, and harmful fishing practices caused by fisheries subsidies.



14.5
Conserve coastal and marine areas
By 2020, conserve at least 10 per cent of coastal and marine areas, consistent with national and international law and based on the best available scientific information.



14.a
Increase Scientific Knowledge, Research, and Marine Technology for Ocean Health
Increase scientific knowledge, strengthen marine research, and promote marinetechology transfer to improve ocean health and support sustainable development, especially in developing countries, SIDS, and LDCs.



14.c
Implement and Enforce International Ocean Law
Ensure the implementation of international law, including UNCLOS, to conserve and sustainably use oceans and marine resources.

Call to Action: What Can You Do?



Reduce the Use of Products Containing Microplastics
Avoid the accumulation of microplastics in marine life and the human body through the food chain by reducing them at the source.



Support Local Small-Scale Fisheries
Purchase locally sourced seafood caught or farmed through sustainable methods to help support the sustainable development of local fisheries.



Participate in Beach or River Cleanups
Take practical action to remove environmental waste. Everyone can participate to help improve environmental conditions.

"Only when we work together can we achieve global goals." This emphasizes the importance of global partnerships.